



The
Strongtower
Foundation



The Strongtower Foundation Information Pack

Dear Candidate

We are a human rights organisation with a mission to support victims of modern slavery and human trafficking. We believe that modern slavery is a contemporary issue of the highest importance, and we are determined to work with others to ensure people can be free from slavery in our communities and nationwide.

We are looking for unique individuals to join us on our journey.

Joining The Strongtower Foundation will provide you with the opportunity to build on your existing strategic and leadership skills, utilise your skillset to assist charity growth and make a real and lasting change to vulnerable people's lives. Needless to say, working with The Strongtower Foundation and supporting the vision of ending modern slavery one-person at a time, is an extremely rewarding experience.

We especially welcome applications from people with lived experience of slavery, either through frontline work or direct personal experience and particularly encourage candidates from black and minority ethnic groups.

Rachael King

CEO

Who We Are

Access to Safe Housing & Accommodation

The Strongtower Foundation is a charity housing project supporting victims of human trafficking within the UK. We operate a **12-month support programme** designed to assist victims reintegrate into society with autonomy, dignity and freedom.

Our name is taken from Psalm 61:3:

For thou hast been a shelter for me, and a strong tower from the enemy.

Please visit our website for more information: www.thestrongtowerfoundation.org

What We Do

Twelve Month Re-integration Programme

We are much more than just a safehouse.

- a) We provide safe accommodation for victims to call their home
- b) We run a volunteer-led 12-month programme providing holistic care and support to bring healing to the whole person: mind, body, and soul

Our aim is to break the cycle of dependence by assisting victims to move from identifying as “Victims” to “Survivors” and empowering them to transition into **independent living**. Our services cover 5 elements:

Five Pillars of Support

◆ Befriending Support Network

We recruit and train volunteers to befriend our residents so that they can get to know the local area. The interaction can range from helping with shopping to a coffee and a chat in the local park. This service is essential to community integration.

Our training will cover essential modules such as safeguarding, dealing with mental health and spotting the signs of MSHT.

◆ Life-skills Training

During the 12-month period we support women by sharing essential life skills that will help with confidence building, such as cooking classes and healthy eating tips.

Finance and budgeting skills are a core part of this service. We aim to teach women to manage their budget and enable them to save for a deposit for independent living during their time with us.

◆ Mental wellbeing and Counselling sessions

We work with trained volunteers to help victims develop emotional skills, cope with life challenges and manage their triggers; this will enable them to function independently and socially. This can range from 1-1 counselling to art and music therapy.

◆ Education & Employability Opportunities

Over a 12-month period, we work with career advisors to help victims consider their future, opportunities and career path. We partner with organisations to provide essential skills-development for future employment and/or education in preparation for living independently, finding work and becoming self-sustaining.

◆ Self-discovery and Development Tools

A core part of independence is identity. Our programme integrates volunteer-led self-discovery sessions chosen by the victims. This can range from book-clubs to baking to gardening.

Our values

Restoration

MSHT strips away an individual's humanity so that they can be commodified, we want to restore this by ensuring victims are given the support they need, the dignity they deserve and the freedom and self-determination they are entitled. Many survivors of MSHT have endured unimaginable hardships. We want to restore their, faith, hope and trust in people.

Justice

Human Rights are at the core of what we do. We believe in the inherent and inalienable right to liberty, dignity and self-determination. We strive to uphold these principles and realise them in the lives of the victims that come into our care.

Compassion and Care

We aim to empower victims of MSHT to move past their trauma and become survivors. We want to provide a safe and understanding environment that fosters stability and recovery.

Collaboration

We serve a mission that is bigger than us and we recognise that we cannot do this work alone. We encourage engagement with our local community and actively pursue collaborations and partnerships to further our mission.

Opportunity

We want to give opportunities for development to people through working with us, whether through volunteerism or employment, as well as the opportunity for a fresh start for those we support.

Agape Love

Agape love is defined as the love that comes from God for all mankind. It is the premise that every person, irrespective of their culture, class, creed or colour is loved and embraced. While we are not a proselytising organisation, we are founded on the values taught by Jesus to show care and compassion for the vulnerable in a practical way